

The Centers for Disease Control and Prevention (CDC) and the National Park Service (NPS) recently partnered to create The Parks, Trails, and Health Workbook: A Tool for Planners, Parks and Recreational Professionals, and Health Practitioners – a quick guide for incorporating public health ideas into the development and improvement of a park or trail system. To access The Parks, Trails and Health Workbook click on this link https://www.nps.gov/public_health/hp/hphp/resources.htm

Kim Harris

Secretary

Erie to Pittsburgh Trail Alliance